Søndag - Vesterålskraft Bredbånd Sortlandsmesterskapet 2024

Klokken	G 6-8 år	J 6-8 år	G 9-10 år	J 9-10 år	Klokken	G 11	J 11	G 12	J 12	G 13	J 13	G 14	J 14	G 15	J 15	G 16	J 16	MS	Klokken
10:00					10:00		Spyd		Spyd	200 m HK	Kule	Kule	Lengde/kule	Spyd	Lengde		Lengde		10:00
10:05					10:05					Kule									10:05
10:10					10:10									300 m HK	300 m HK		300 m HK		10:10
10:15					10:15														10:15
10:20					10:20									100 m		100 m			10:20
10:25					10:25										100 m		100 m		10:25
10:30					10:30														10:30
10:35					10:35	200 m		200 m											10:35
10:40					10:40		200 m		200 m										10:40
10:45					10:45					200 m		200 m							10:45
10:50					10:50						200 m		200 m						10:50
10:55					10:55														10:55
11:00					11:00		Kule		Kule				Tresteg	Tresteg	Tresteg				11:00
11:05					11:05														11:05
11:10					11:10														11:10
11:15					11:15														11:15
11:20					11:20														11:20
11:25					11:25														11:25
11:30					11:30					60 m									11:30
11:35					11:35					60 m									11:35
11:40					11:40	60 m													11:40
11:45					11:45		60 m		60 m										11:45
11:50	Liten ball				11:50			60 m											11:50
11:55					11:55					60 m fin									11:55
12:00					12:00	Diskos		Diskos	Diskos										12:00
12:05			Lengde		12:05						60 m		60 m						12:05
12:10					12:10							60 m							12:10
12:15					12:15	40 m T/F 40													12:15
12:20		Liten ball			12:20														12:20
12:25					12:25														12:25
12:30				Lengde	12:30														12:30
12:35	60 m				12:35														12:35
12:40	60 m				12:40					Høyde			Høyde	Høyde					12:40
12:45	60 m				12:45														12:45
12:50		60 m			12:50							Diskos		Diskos	Diskos	Diskos		Diskos	12:50
12:55			60 m		12:55														12:55
13:00	Lengde		60 m		13:00														13:00
13:05				60m	13:05														13:05
13:10					13:10	Kule		Kule											13:10
13:15					13:15														13:15
13:20			Liten ball		13:20														13:20
13:25					13:25														13:25
13:30		Lengde			13:30									200 m		200 m		200 m	13:30
13:35					13:35					Diskos			Diskos						13:35
13:40				Liten ball	13:40										200 m		200 m		13:40
13:45					13:45														13:45
13:50					13:50	Lengde		Lengde						3000 m				3000 m	13:50
13:55					13:55														13:55
14:00					14:00														14:00
14:05					14:05									Kule	Kule	Kule		Kule	14:05
14:10	400 m	400 m			14:10		Lengde		Lengde										14:10
14:15					14:15														14:15
14:20			400 m	400 m	14:20														14:20
14:25					14:25					Tresteg									14:25
14:30					14:30									800 m	800 m			800 m	14:30
14:35					14:35														14:35
14:40					14:40	600 m		600 m		600 m									14:40
14:45					14:45		600 m		600 m				600 m						14:45
14:50					14:50														14:50
14:55					14:55														14:55